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**Principles of Psychoanalysis**

WCSPP Fall 2016

This course looks at key Principles of Psychoanalysis. We will identify and discuss some essential principles with initial focus on frame issues, such as money and missed sessions. We will discuss these various principles from the perspective of different psychoanalytic schools of thought. The perspectives include: object relations, Interpersonal, Relational, and Modern Psychoanalysis. We will pay attention to various terms and analytic vocabulary. In addition to discussing the readings, case material both from the instructor and the candidates will be used to illustrate the points discussed.

All readings are available on PEP WEB unless marked with asterisks. Those not available will be distributed during the first class , or emailed.

**Topics to be discussed include:**

* Listening
* Initial interviews
* Frame
* Money
* Session time
* Vacations
* Billing
* Couch/Chair
* Self disclosure
* Transference/counter transference
* Analytic neutrality
* Dreams
* Enactments
* Vacations
* Gifts
* Electronic communication
* Threat of suicide.
* Frequency
* Psychoanalysis/Psychotherapy
* Silence
* Neutrality
* Terminology

**Week 1** September 13 **Introduction.**

Basescu  "Anxities in the Analyst” \*\*\* Emailed as PDF

[Basescu, S. (1987). Behind the “Seens”: The Inner Experience of at Least One Psychoanalyst. Psychoanal. Psychol., 4:255-265.](http://www.pep-web.org/document.php?id=ppsy.004.0255a&type=hitlist&num=0&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CBasescu%2C+Sabert%7Cauthorexact%2Ctrue#hit1) […]

**Week 2** September 20  **Introduction/Frame/Terminology**

Basescu, S. “Battered, Bothered and Bewildered”. Emailed as PDF

Moroda, K.J. (2010) *Psychodynamic Techniques: Working with Emotion in the Therapeutic Relationship.* New York:Guilford Press. Glossary 245-250 \*\*\*

**Week 3** September 27  **Money Matters**

Liss-Levinson, N. (1990). Money Matters and the Woman Analyst: In a Different Voice. Psychoanal. Psychol., 7S:119-130.

Dimen, M. (1994). Money, Love, and Hate: Contradiction and Paradox in Psychoanalysis. Psychoanal. Dial., 4:69-100.

**Week 4** October 4  **Listening Perspectives/Extra session contact**

Harrington, R. (2015). Friend Request: The Analytic Frame Revisited. Contemp. Psychoanal., 51:704-726.\*\*\*

Fosshage, J.L. (1995). Countertransference as the Analyst's Experience of the

Analysand: Influence of Listening Perspectives. Psychoanal. Psychol., 12:375-391.

**Week 5** October 18  **First Sessions**

Singer, E. (1965) *Key Concepts in Psychotherapy.* New York/London: Basic Books. Chapter 6, The Initial Interview 125-553.\*\*\*

Mendelsohn, E. Scientific Meeting. First Meetings in Therapy.

**Week 6** October 25 **Self-disclosure/Anonymity**

Aron, L. (1991). The Patient's Experience of the Analyst's Subjectivity. Psychoanal. Dial., 1:29-51

Renik, O. (1999). Playing One's Cards Face up in Analysis: An Approach to the Problem of Self-Disclosure. Psychoanal Q., 68:521-539.

**Week 7** November 1 **Interpersonal**

[Levenson, E.A. (1988). The Pursuit of the Particular—On the Psychoanalytic Inquiry. Contemp. Psychoanal., 24:1-16.](http://www.pep-web.org/document.php?id=cps.024.0001a&type=hitlist&num=13&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CLevenson%2C+Edgar+A.%7Cauthorexact%2Ctrue#hit1)

[Levenson, E.A. (1981). Facts or Fantasies:—On the Nature of Psychoanalytic Data. Contemp. Psychoanal., 17:486-500.](http://www.pep-web.org/document.php?id=cps.017.0486a&type=hitlist&num=15&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CLevenson%2C+Edgar+A.%7Cauthorexact%2Ctrue#hit1)

**Week 8** November 15  **Relational**

Mitchell, S.A. (1991). Editorial Philosophy. Psychoanal. Dial., 1:1-7.

Mitchell, S.A. (1998). The Emergence of Features of the Analyst's Life. Psychoanal. Dial., 8:187-194.

**Week 9** November 22  **Winnicott – Object Relations.**

[Winnicott, D.W. Ego Distortion in Terms of the True and False Self(1965). In The Maturational Processes and the Facilitating Environment: Studies in the Theory of Emotional Development. The International Psycho-Analytical Library, 64:1-276. London: The Hogarth Press and the Institute of Psycho-Analysis.](http://www.pep-web.org/document.php?id=ipl.064.0001a&type=hitlist&num=29&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CWinnicott%2C+D.+W.%7Cauthorexact%2Ctrue%7Csort%2Cyear%2Ca#hit1)

[Winnicott, D.W. (1953). Transitional Objects and Transitional Phenomena—A Study of the First Not-Me Possession. Int. J. Psycho-Anal., 34:89-97.](http://www.pep-web.org/document.php?id=ijp.034.0089a&type=hitlist&num=10&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CWinnicott%2C+D.+W.%7Cauthorexact%2Ctrue%7Csort%2Cyear%2Ca#hit1)

**Week 10** November 29  **Relational – Object Relations.**

Ogden, T.H. (1982) The Concept of Projective Identification. In T. H. Ogden, *Projective Identification and Psychotherapeutic Technique,* Ch. 2, pp. 11-39. Jason Aronson Inc., Northvale, NJ \*\*\*

Grossmark, R. (2012). The Unobtrusive Relational Analyst. Psychoanal. Dial., 22:629-646.

**Week 11** December 6  **interpersonal/Modern.**

[Epstein, L. (2008). Some Implications of Conducting Psychoanalysis as a Talking Cure. Contemp. Psychoanal., 44:377-399.](http://www.pep-web.org/document.php?id=cps.044.0377a&type=hitlist&num=9&query=zone1%2Cparagraphs%7Czone2%2Cparagraphs%7Cauthor%2CEpstein%2C+Lawrence%7Cauthorexact%2Ctrue#hit1)

Epstein, L. (1987). The Problem of The Bad-Analyst-Feeling. Mod. Psychoanal., 12:35-45.