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IN THE BEGINNING:

AN INTRODUCTION TO CHILD AND ADOLESCENT PSYCHOTHERAPY

**Year One - Fall Trimester, 2016**

**Week 1 - 9/20/16 Introduction**

Crain, W. (2003). Introduction: Our Obsession with the Child’s Future. In *Reclaiming Childhood: Letting Children Be Children in Our Achievement Oriented Society,* NY: Times Books, Henry Holt & Co., (pp. 1-9).

Bettelheim, B. (1987, March). The Importance of Play, *The Atlantic Monthly,* pp. 35-46.

**Week 2 Approaches to Treatment**

Altman, N. (2002) Relational Horizons in Child Psychoanalysis. *Journal of Infant, Child, & Adolescent Psychotherapy,*2: 29-38. **On Pepweb**

Tuber, S. & Caflisch, J. (2011). Setting the Frame for Psychologically Minded Treatment. In

S.Tuber & J. Caflisch, *Starting Treatment with Children and Adolescents: A Process Oriented Guide for Therapists*, NY: Routledge, Taylor &Francis Group, (pp.1-19).

Leiberman, A., et.al. (2000). Infant-Parent Psychotherapy: Core Concepts and Current Approaches. In C. Zeannah, (ed.) *Handbook of Infant Mental Health*, NY: Guilford Press, (pp.472-484).

**Supplemental Reading:**

Fraiberg, S., Adelson, E. & Shapiro, V. (1976) Ghosts in the Nursery: a Psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships. *Journal of the American Academy of Child Psychiatry,* 14(3), pp. 387-421. **On Pepweb**

**Week 3 Initial Consultation, Diagnostic Issues and the Evaluation Phase**

Altman, N. et al. (2002) *Relational Child Psychotherapy,* NY: Other Press, pp. 306-310.

Greenspan, S. (1991) Framework for Systematic Observation of the Child. In *The Clinical Interview of the Child, Vol. 2, pp*.19-59.

Wallin, D. J. (2007) The Varieties of Attachment Experience. In *Attachment in Psychotherapy*, NY: Guilford Press, pp. 84-98. (also p.12-13 and p.33.)

**Various handouts for reference**, including excerpts from:

Sattler, Jerome S (1998). *Clinical and Forensic Interviewing of Children and Families*: *Guidelines for the Mental Health, Education, Pediatric, and Child Maltreatment* *Fields.* Sattler: San Diego.

Provence, S. *The Yale Revised Developmental Schedules.*

**Week 4 Attachment/Psychopathology/Treatment Planning**

Altman, N., et al. (2002) Different Ways of Thinking about Psychopathology. In *Relational Child Psychotherapy,* NY: Other Press, pp. 133-150.

Freud, A. (1963) The Concept of Developmental Lines, *The Psychoanalytic Study of The Child, 18:245-265.* **On Pepweb.**

**Supplemental**

Midgley, N. (2011) Test of Time: Anna Freud’s Normality and Pathology in Childhood (1965). *Clinical Child Psychology and Psychiatry,* *16(3),* 475-482.

**Week 5 Play and the Therapeutic Process: Part 1**

Altman, N., et al. (2002) Play in Child Treatment. In *Relational Child Psychotherapy,* NY: Other Press, pp. 187-213.

Drucker, J. (1994) Constructing Metaphors: The Role of Symbolization in the Treatment of Children. In Slade, A. & Wolf, D.P. (Eds.) *Children at Play: Clinical and Developmental Approaches to Meaning and Representation.* NY: Oxford University Press, pp. 62-80.

Isrealievitch, G. (2008) Hiding and Seeking and Being Found: Reflection on the Hide-and-Seek Game in the Clinical Playroom*. Journal of Infant, Child, and Adolescent Psychotherapy*,7:58-76.

**On Pepweb.**

**Supplemental Reading:**

Slade, A. (1994) Making Meaning and Making Believe: Their Role in the Clinical Process. In Slade, A. & Wolf, D.P. (Eds.) *Children at Play: Clinical and Developmental Approaches to Meaning and Representation,* NY: Oxford University Press, pp. 81-107.

**Week 6 Play and the Therapeutic Process: Part 2**

Bonovitz, C. (2004) The Cocreation of Fantasy and the Transformation of Psychic Structure. *Psychoanalytic Dialogues, 14(5):*553-580. **On Pepweb.**

Bellinson, J. (2000) Shut Up and Move: The Uses of Board Games in Child Psychotherapy. *Journal of Infant, Child and Adolescent Psychotherapy Vol. 1, No.2, pp. 23-41.* **On Pepweb.**

Bellinson, J. (2009) You can’t do that – Or can you? Historical and Clinical Perspectives on Limit Setting in Child Psychotherapy. *Journal of Infant, Child and Adolescent Psychotherapy,* 8:87-95.

**On Pepweb.**

**Supplemental Reading:**

Joseph, B. (1998) Thinking about a playroom. *Journal of Child Psychotherapy, 24(3): 359-366.* **On Pepweb.**

Bonovitz, C. (2003) Treating Children Who do not Play or Talk: Finding a Pathway to Intersubjective Relatedness. *Psychoanalytic Psychology, 20:315-328.* **On Pepweb.**

**Week 7 Transference and Countertransference**

Altman, N., et al. (2002) Transference and Countertransference in Child Treatment. In *Relational Child Psychotherapy,* NY: Other Press, pp.216-230.

Bonovitz, C. (2009) Countertransference in Child Psychoanalytic Psychotherapy: The Emergence of the Analyst’s Childhood.  *Psychoanalytic Psychology,* 26: 235-245.  **On Pepweb.**

Fraiberg, S. (1951) Clinical Notes on the Nature of Transference in Child Analysis. *Psychoanalytic Study of the Child,* 6:286-306. (Also in Selected Papers of Selma Fraiberg) **On Pepweb.**

**Week 8 Working with Parents**

Novick, J. & Novick, K.K. (2000) Parent Work in Analysis: Children, Adolescents, and Adults: Part One: The Evaluation Phase. *Journal of Infant, Child, and Adolescent Psychotherapy*,1:55-77.

**On Pepweb.**

Malberg, N.T. (2015) Activating Mentalization in Parents: An Integrative Framework. *Journal of Infant, Child, and Adolescent Psychotherapy*, 14:232-245.

Baradon, T. (2005) What is Genuine Maternal Love? Clinical Considerations and Technique in Psychoanalytic Parent-Infant Psychotherapy. *The Psychoanalytic Study of the Child, 60:*47-73.

**On Pepweb.**

**Supplemental Reading:**

Gibson, L. (2016) The Therapist’s Experience as Parent: The Complex Interaction between Parent Process and Clinical Work. In S. Tuber (Ed.) *Parenting: Contemporary Clinical Perspectives.* Rowman & Littlefield: New York, pp. 77-100.

**Week 9 The Child in the World Outside the Family**

Altman, N, et al. (2002) The Therapist in the Child’s Larger World. In *Relational Child Psychotherapy,* NY: Other Press, pp. 311-335.

Khouri, L.Z. (2016) The Immigrant in Neverland: Commuting from Amman to Brooklyn. In J. Beltsiou (Ed.) *Immigration in Psychoanalysis: Locating Ourselves.* NY: Routledge, pp. 187-207.

Speilberg, W. (2014) Trying Not to Know. In K.C. Vaughns & W. Spielberg (Eds.) *The Psychology of Black Boys and Adolescents*, Vol. 1, pp. 45-73.

**Supplemental Reading:**

Moskowitz, S. (2012) Primary Maternal Preoccupation Disrupted by Trauma and Loss: Early Years of the Project. In B. Beebe, et al. (Eds.) *Mothers Infants & Young Children of Sept 11, 2001: A Primary Prevention Project, NY: Routledge, pp. 84-92.*

**Week 10 Termination and Endings**

Altman, N. et al. (2002) Postscript on Endings. In *Relational Child Psychotherapy,* NY: Other Press, pp. 368-370.

Lanyado, M. (1999) Holding and Letting Go: Some thoughts about the Process of Ending Therapy.  *Journal of Child Psychotherapy*, 25: 357-378. **On Pepweb**

Novick, J. (1990) Comments on Termination in Child, Adolescent and Adult Psychoanalysis. *Psychoanalytic Study of the Child,*45: 419-436. **On Pepweb.**

Catflisch, J. (2015) Building Safety and Containment: Responding to Challenges to the Frame with Both Parent and Child. In Tuber, S. (Ed.) *Early Encounters with Children and Adolescents: Beginning Dynamic Therapists’ First Cases,* NY: Routledge, pp. 76-93.

**Week 11 Mutative Factors in Treatment**

Fonagy, P. & Target, M. (1998) Mentalization and the Changing Aims of Child Psychoanalysis. *Psychoanalytic Dialogues*, 8:87-114. **On Pepweb.**

Warshaw, S.C. (2015) Introduction to the 2015 Re-Print of “Mutative Factors in Child Psychoanalysis: A Comparison of Diverse Relational Perspectives.” *Journal of Infant, Child and Adolescent Psychotherapy*, 14:385-386.

Warshaw, S.C. (2015/1992) Mutative Factors in Child Psychoanalysis: A Comparison of Diverse Relational Perspectives.” *Journal of Infant, Child and Adolescent Psychotherapy*, 14:387-405.

Schore, A.N. (2011) The Right Brain Implicit Self Lie at the Core of Psychoanalysis. *Psychoanalytic Dialogues, 21:75-100.* **On Pepweb.**

**Supplemental:**

Fonagy, P. (2015) Mutual Regulation, Mentalization, and Therapeutic Action: A Reflection on the Contributions of Ed Tronick to Developmental and Psychotherapeutic Thinking.  *Psychoanalytic Inquiry*, 35: 355-369.

**December 6, 2016 Town Meeting - Required attendance.**