**DEVELOPMENT AND THE SENSE OF SELF**

Arnold Zinman, Ph.D. Winter, 2017

CLASS 1 Introduction and Overview

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CLASS 2 Psychoanalytic theories of development, briefly

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Additional Reading

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CLASS 3 Research: from Mahler to Attachment

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\*Bergman, A. and Harpaz-Rotem, I. (2004). Revisiting rapprochement in the light of contemporary developmental theories. *Journal of the American Psychoanalytic Association*, 52: 555-570 (N.B. 562-565).

Additional Viewing and Reading

Tronick, E. (2009). Still face experiment. *YouTube*  *(*[www.youtube.com](http://www.youtube.com)*).*

\*Lyons-Ruth, K. (1991). Rapprochement or approchement: Mahler’s theory reconsidered from the vantage point of recent research on early attachment relationships. *Psychoanalytic Psychology*, 8: 1-23.

\*Morgan, A. (1997). The application of infant research to psychoanalytic theory and therapy. *Psychoanalytic Psychology*, 14: 315-336.

\*Mahler, M. (1974). Symbiosis and individuation—the Psychological birth of the human infant. *The Psychoanalytic Study of the Child*, 29: 89-106.

\*Winnicott, D. W. (1971) The use of an object and relating through identifications. In *In Playing and Reality*, pp. 86-94. New York, Brunner-Routledge.

CLASS 4 Basics of Attachment Theory, part 1

“…Bowlby remained a psychoanalyst to the end of his life, and always regarded attachment theory as one of a number of object relations theories.” (Howard Steele)

Wallin, D. (2007). *Attachment in Psychotherapy*, pp. 11-24. New York: The Guilford Press.

Stern, D. (1985). *The Interpersonal World of the Infant*, pp. 124-161. New York: Basic Books.

Additional Reading

Ainsworth, M. (1979). Infant-mother attachment. *American Psychologist*, 34: 932-937.

Brief Biography of Mary Ainsworth (1998). *American Psychologist*, 53: 869-870.

\*Bowlby, J. (1958). The nature of the child’s ties to his mother. *International Journal of Psycho-analysis*, 39, 350-373.

\*Freud, A. (1960). Discussion of Dr. John Bowlby's paper. *The* *Psychoanalytic Study of the Child*, 15: 53-62.

CLASS 5 Basics of Attachment Theory, part 2

“Attachment behaviour has been defined as seeking and maintaining proximity to another individual.” (John Bowlby)

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Stern, D. (1985). *The Interpersonal World of the Infant*, pp. 162-182. New York: Basic Books.

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\*Coates, S. (1998). Having a mind of one’s own and holding the other in mind. *Psychoanalytic Dialogues*, 8: 115-148.

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\*Diamond, D. (2004). Attachment disorganization: the reunion of attachment theory and psychoanalysis. *Psychoanalytic Psychology*, 2: 276-299.

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\*Winnicott, D.W. (1974). Fear of breakdown. *International Review of Psycho-Analysis*, 1:103-107.

CLASS 7 Internal Working Model. Mental Representation. Impact of Social Determinants

Blatt, S. and Auerbach, J., and Levy, K. (1997). Mental representations in personality development, psychopathology, and the therapeutic process. *Review of General Psychology*, 4: 351-374 (N.B. 351-356 and 362-364).

Pietromonaco, P. and Barrett, L. (2000). The internal working model concept: what do we really know about the self in relation to others? *Review of General Psychology*, 4: 155-175.

Waldinger, R. and Schulz, M. (2016). The long reach of nurturing family environments: links with midlife emotion-regulatory styles and late-life security in intimate relationships. *Psychological Science*, 1: 1-8.

Belsky, J., Rosenberger, K., and Crnic, K. (1995). The origins of attachment security: “classical” and contextual determinants. In *Attachment Theory: Social, Developmental, and Clinical Perspectives*, eds. S. Goldberg, R Muir, and J. Kerr, pp. 153-183 (N.B. 163-178). Hillsdale, NJ:  Analytic Press.

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Benbassat, N., & Priel, B. (2015). Why is fathers’ reflective function important? *Psychoanalytic Psychology, 32*(1), 1-22.

CLASS 8 Mentalization

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E. Jurist, A. Slade, and S. Bergner, eds. (2008).In *Mind to Mind*, pp. 1-3. New York: Analytic Press, Taylor and Francis Group.

Fonagy, P. et al. (2002). Attachment and reflective function: their role in self- organization. In *Affect Regulation, Mentalization, and the Development of the Self*, pp. 23-64 (N.B. pp. 53-64). New York: Other Press.

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Jurist, E., (2008). Minds and yours. In *Mind to Mind*, eds. E. Jurist, A. Slade, and S. Bergner,pp. 88-114. New York: Analytic Press, Taylor and Francis Group.

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CLASS 9 From Theory to Therapy, part 1

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\*Slade, A. (2000). The development and organization of attachment: implications for psychoanalysis. *Journal of the American Psychoanalytic Association*, 48: 1147-1174.

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\*Fischer-Kern, M. et. al. (2010). The relationship between personality organization, reflective functioning, and psychiatric classification in borderline personality disorder. *Psychoanalytic Psychology*, 27: 395-409.

Additional Reading

Schimmenti, A. and Caretti, V. (2016). Linking the overwhelming with the unbearable: developmental trauma, dissociation, and the disconnected self. *Psychoanalytic Psychology,* 33: 106-128 (N.B. 108-109, 114-115, 116, 118).

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\*Parish, M. and Eagle, M. (2003). Attachment to the therapist. *Psychoanalytic Psychology*, 20: 271-286.

CLASS 11 Integrating Theories

Ellman, S. (2010). A tentative developmental model. In *When Theories Touch*, pp. 621-651 (N.B. 640-643). London: Karnac Books.

Fonagy, P. (2001). What do attachment theory and psychoanalysis have in common? In *Attachment Theory and Psychoanalysis*, pp. 157-184 (N.B. 168-177). New York: Other Press.

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