

## Westchester Center for the Study of Psychoanalysis and Psychotherapy

### Syllabus, 306 S Clinical Seminar: Self Psychology - Spring, 2017

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#### Readings

##### **March 14: Overview of Kohut's Self Psychology**

KOHUT, H. (1979) The Two Analyses of Mr. Z. *IJPA*, 60: 3-27.  
LESSEM, P.A. (2005). Clinical process. In *Self Psychology: An Introduction*. Aronson. 118-157.

##### **March 21: Selfobject Experience**

GEIST, R. A. (2008). Connectedness, Permeable Boundaries, and the Development of the Self: Therapeutic Implications. *International Journal of Psychoanalytic Self Psychology*, 3(2): 129-152.

##### **March 28: Vulnerability, Shame and Narcissistic Rage**

ORNSTEIN, A. (1998) "The Fate of Narcissistic Rage in Psychotherapy" *Psychoanalytic Inquiry*, 18: 55-81.

##### **April 4: Affects and Self Objects**

BURSKI, P. & HAGLUND, P. (2001). Understanding the patient's state of mind: Affect attunement and the empathic-introspective stance. In *Making Sense Together: The Intersubjective Approach to Psychotherapy*. Aronson: Hillsdale, NJ. 50-73.

##### **April 18: Severe Personality Disorders and Psychotic States**

STOLOROW, R., ATWOOD, G. & BRANDCHAFT, B. (1987). Treatment of Borderline States. In *Psychoanalytic Treatment: An Intersubjective Approach*. The Analytic Press: Hillsdale, N.J.

##### **April 25: Infant Research and Intersubjectivity**

DOCTORS, S. (2008) Notes on Incorporating Attachment Theory and Research Into Self Psychological and Intersubjective Clinical Work. In *International Journal of Psychoanalytic Self Psychology, Volume 3*. PA: Taylor and Francis Group, 34-48.

BEEBE, B. & LACHMANN, F. (2002). Burton, Then And Now. In *Infant Research and Adult Treatment: Co-constructing Interactions*. Hillsdale, NJ: Analytic Press, 1-19.

##### **May 2: Couples**

RINGSTROM, P. (2012). A relational intersubjective approach to conjoint therapy: In *International Journal of Psychanalytic Self Psychology, Volume 7 Number 1*:85-111, 2012.

**May 9: Addiction**

FLORES, P. (2011). *Addiction as an Attachment Disorder*. Aronson. Chapter 4: 68-100, 54-59165-167.

**May 16: Trauma**

BROTHERS, D. (2009). *Toward a Psychology of Uncertainty: Trauma Centered Psychoanalysis*. The Analytic Press: Hillsdale, Chapters 3 & 4.

**May 23: Mourning and Bereavement**

SHELBY, R. D. (1993). Chapter 14 Mourning Theory Reconsidered. *Progress in Self Psychology*, 9: 169-190.

**May 30: New Directions**

COBURN, B. (2008) Psychoanalytic Complexity: Pouring new wine directly into one's mouth. In *New Developments in Self Psychology Practice*. Aronson. 3-22.