

## **Introduction to Interpersonal Psychoanalysis: The Contributions of Harry Stack Sullivan and Other Interpersonal Pioneers**

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**WCSP: Spring 2017**

In this course we will study the origins and foundational perspectives of Interpersonal Psychoanalysis as these are represented in the work of Sullivan and other Interpersonal pioneers. We will focus on the historical and clinical contexts in which this work took place and on defining metapsychological, developmental and clinical ideas. The readings include selections from the writings of these forebears, as well as papers by more contemporary authors whose work extends and develops their ideas. The effort will be to consider how the contributions of Sullivan and other early Interpersonalists continue to be influential and have become part of the tapestry of contemporary psychoanalysis.

The objectives of this course are to foster awareness and appreciation of the theoretical and clinical foundations of Interpersonal Psychoanalysis and to encourage a critical engagement with its traditions. I think of this course as an instance of participant-observation. That is, we will not only study theory but will also make our contribution to its evolution and transformation. As we read and talk we will join an ongoing conversation that interprets and therefore transforms the traditions we consider.

Those papers accessible on PEP-WEB are so indicated. All other papers will be distributed when we first meet.

### **Week 1. Defining and Distinguishing Features of Interpersonal Psychoanalysis**

Levenson, E. (1985), Chapter 4: The interpersonal (Sullivanian) model. In *Models of the Mind: Their Relationship to Clinical Work*, 49-67. (PEP)

**Introduction to Interpersonal Psychoanalysis**  
**Eric Mendelsohn, Ph.D.**  
**Page Two**

**Week 2. Ferenczi: Trauma, Mutuality and Clinical Experiments.**

Ferenczi, S. (1930), The principle of relaxation and neocatharsis. In: **Final Contributions to the Problems and Methods of Psychoanalysis**. London: Hogarth Press, 1955, 108-125.

Ferenczi, S. (1933), Confusion of tongues between adults and the child. In: **Final...** 156-167.

Bromberg, P. M. (1996), Hysteria, dissociation and cure: Emmy von N revisited. *Psychoanalytic Dialogues*, 6: 55-71.

**Week 3. Radical Experiments: Mutual Analysis.**

Ferenczi, S. (1932/1988), **The Clinical Diary of Sandor Ferenczi**. J. Dupont (Ed.), Cambridge: Harvard Univ. Press, 1-4, 10-13, 26-29, 34-38, 42-45, 46-47, 48,50, 56-57, 71-75, 83-86, 96-100.

Maroda, K. (1998), Why mutual analysis failed: The case of Ferenczi and RN. *Contemporary Psychoanalysis*, 34: 115-132. (PEP)

**Week 4. Sullivan: The Personal and the Theoretical.**

Perry, H. S. (1982), *Psychiatrist of America: The Life of Harry Stack Sullivan*. Cambridge: Belknap Press of Harvard Univ. Press, Prologue, 1-7; and Studying schizophrenia at Sheppard, 189-200.

Sullivan, H. S. (1953), The significance of dreams in psychotherapy. In: *The Interpersonal Theory of Psychiatry*. NY: W. W. Norton & Co., 331-339.

Mitchell, S. A. and Black, M. J. (1995), Harry Stack Sullivan and Interpersonal Psychoanalysis. In: *Freud and Beyond: A History of Modern Psychoanalytic Thought*. Basic Books, 60-84. (Background reading for the rest of the course.)

**Week 5. Sullivan: Metapsychology.**

Sullivan, H. S. (1938), The data of psychiatry. In: *The Fusion of Psychiatry and the Social Sciences*. NY: W. W. Norton & Co., 1964, 32-55.

Davies, J. M. (1999), Getting cold feet, defining safe-enough borders: Dissociation, multiplicity and integration in the analyst's experience. *Psychoanalytic Quarterly*, 68: 184-208. (PEP)

**Week 6. Sullivan: Developmental Theory.**

Sullivan, H. S. (1953) Infancy: Beginnings. In: *The Interpersonal Theory...*, 49-61.

Sullivan, H. S. (1953) Preadolescence. In: *The Interpersonal Theory...*245-262.

**Introduction to Interpersonal Psychoanalysis**  
**Eric Mendelsohn, Ph.D.**  
**Page Three**

**Week 6 (cont.)**

Mendelsohn, E. (2002), The analyst's bad-enough participation. *Psychoanalytic Dialogues*, **12**: 331-358.

**Week 7. Sullivan: Clinical States.**

Sullivan, H. S. (1953), The earlier manifestations of mental disorder: Matters schizoid and schizophrenic. In: *The Interpersonal Theory*, 313-28.

Sullivan, H. S. (1956), Working with the obsessional. In: *Clinical Studies in Psychiatry*. NY: W. W. Norton & Co. 264-283.

Mendelsohn, E. (2005), Rules were made to be broken: Reflections on psychoanalytic education and clinical process. *Psychoanalytic Psychology*, **22**: 261-278. (We will focus on the case example on 270-75, but I won't object if you want to discuss the entire paper.) (PEP)

**Week 8. Sullivan: Therapy Technique.**

White, M. J. (1952), Sullivan and treatment. Reprinted in *Contemporary Psychoanalysis*, 1977, **13**: 317-46. (PEP)

Sullivan, H. S. (1956), Consultation on a case of a schizoid. In *Clinical Studies...* 371-78.

Levenson, E. (1992), From interpersonal psychiatry to interpersonal psychoanalysis. *Contemporary Psychoanalysis*, **28**: 450-66. (PEP)

**Week 9. Thompson: Understatement, Directness and Clarity**

Thompson, C. (1938), Development of awareness of transference in a markedly detached personality. In M. R. Green (Ed.), *Interpersonal Psychoanalysis: The Selected Papers of Clara Thompson*. NY: Basic Books, 1964, 111-21.

Thompson, C. (1952), Countertransference. In: Green, 162-167.

Thompson, C. (1956), The role of the analyst's personality in therapy. In: Green, 168-78.

Thompson, C. (1950), Some effects of the derogatory attitude toward female sexuality. In: Stern, Mann, C. H., Kantor, S., and Schlesinger, G. (Eds.), *Pioneers of Interpersonal Psychoanalysis*, Hillsdale, NJ: The Analytic Press (1966), 61-72.

**Introduction to Interpersonal Psychoanalysis**  
**Eric Mendelsohn, Ph.D.**  
**Page Four**

**Week 10. Fromm: Biophilia, Necrophilia, Identification and Confrontation.**

Fromm, E. (1964), Causes for the patient's change in analytic treatment. *Contemporary Psychoanalysis*, 27: 581-602, (1991). (PEP)

Hart, A. (1999), Reclaiming the analyst's disruptive role. *Contemporary Psychoanalysis*, 35: 608-23. (PEP)

**Week 11. Looking Back and Ahead: Where We Are**

No readings. A splash of wine.