



Scientific Meeting

2 CE Hours available for
LCSW's, LMSW's, LP's, LMFT's, LMHC's, LCAT's

EXPLORING THE LANDSCAPE OF THE MIND: MAPPING LATENT CONTENT

Janet Lee Bachant, Ph.D.

**Friday, February 28, 2020
8:00 p.m.**

**Admission with CE: \$30
Suggested contribution: \$20**

Community Unitarian Universalist Congregation
468 Rosedale Avenue
White Plains, NY 10605

RSVP to Ken Barish
info@wcspp.org

Presented by the Psychoanalytic Association of WCSPP

This meeting is based on Dr. Bachant's recently published book, *Exploring the Landscape of the Mind: An Introduction to Psychodynamic Psychotherapy*. It will introduce attendees to seven types of listening: content, feeling, defense, transference/countertransference, meaning, enactment, and organization that enable therapists to see more clearly how their patient's minds are organized. We will focus on feeling and enactment, aspects of listening that are crucial in accessing unconscious processes. Clinical examples will illustrate these modes of listening.

Janet Lee Bachant is a psychologist, psychoanalyst, author, and educator who has been teaching and supervising in New York City for over 30 years. After September 11, Dr. Bachant led a coalition of over 350 mental health workers who donated pro bono mental health services to disaster responders and their families.

*Dr. Bachant has taught psychoanalysis at various psychoanalytic institutes in the New York area and in China. She is the author of numerous journal articles and co-author (with Elliot Adler) of *Working in Depth: Framework and Flexibility in the Analytic Relationship*. Her new book, *Exploring the Landscape of the Mind: An Introduction to Psychodynamic Psychotherapy*, published by IPBooks, is now available. She maintains a private practice seeing individuals and couples as well as supervising in New York City.*

CONTINUING EDUCATION – 2 CE HOURS

Learning Objectives:

Participants will be able to:

1. identify the seven types of listening that enhance understanding of a patient's mental organization.
2. identify and work with the feeling component of a patient's experience and understand its centrality in therapeutic work.
3. define enactments and identify how they can be used in the treatment to further dynamic understanding.

The Westchester Center for the Study of Psychoanalysis and Psychotherapy is recognized by NY State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for Licensed Clinical Social Workers # 00063; Licensed Psychoanalysts # P-0027; Licensed Marriage and Family Therapists #MFT-0040; Licensed Mental Health Counselors #MHC-0075; and Licensed Creative Arts Therapists #CAT-0028.

A completed evaluation must be submitted after the meeting for 2 CE hours.

Who should attend: Psychiatrists, psychologists, social workers, psychoanalysts, other mental health professionals, nurses, graduate students.

The Westchester Center for the Study of Psychoanalysis and Psychotherapy

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