

# WCSP ANNUAL CONFERENCE

This year will be a

**WEBINAR**

**3 CE HOURS**



## **GENDER DYSPHORIA: At the Intersection of Culture and Clinical Practice**

**Saturday, November 21, 2020 ♦ 9:00 am – 12:00 pm**

### **KEYNOTE SPEAKERS**

**DAVID SCHWARTZ, PhD**

**Clinical and ethical considerations in the treatment  
of gender dysphoric children and adolescents:  
When doing less is helping more**

**LAUREL SILBER, PsyD**

**A child's developing gender subjectivity  
in the context of attachment concerns  
with implications for psychotherapy**

### **ABOUT THIS WEBINAR**

At this extraordinary moment in time, we are called upon to reconsider the ways we think and act across many spheres of life, including race, sexuality and gender. In this conference, gender will take center stage as we strive to expand our understanding of gender dysphoric children within the larger context of their families and culture.

As challenged children and families look to clinicians for guidance, it is the intention of this conference to contribute to a better and more complex understanding of the issues children and their families face.

### **WEBINAR SCHEDULE**

**WELCOME:** Kate Washton, LCSW

**INTRODUCTION:** Jane Bloomgarden, PhD

### **OUR SPEAKERS**

**Dr. David Schwartz's** presentation will explore the present state of treatment of children and adolescents who identify as transgendered or who experience gender dysphoria. Special attention will be given to the effects of contemporary cultural pressure, practitioner bias and parental anxiety as these three interact. Dr. Schwartz will emphasize the importance of an empathic, non-directive clinical stance, including engagement with parents, as the key to offering a treatment that is ethically informed and therapeutically effective.

**Dr. Laurel Silber's** presentation explores new clinical and theoretical questions arising in child/family psychotherapy relative to cultural shifts and gender variance. What have we learned from the children? Play therapy is well suited to the task of sorting the self. Children engage in play to organize feelings and experience, to make meaning and find belonging within their attachment system. What changes in the intergenerational narrative as some children, seeking coherency, explore boundaries and resist binaries for categorization? As adults, we will be reflecting on what is different and the same as we hold in mind gender subjectivity and discover some surprises within our open dialogue.

**The webinar will continue with questions and discussion with all participants.**

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## ABOUT THE SPEAKERS

**Laurel Silber, PsyD** – Dr. Silber is a clinical psychologist in private practice in Bryn Mawr, PA. She works primarily with children, adolescents and their families. She is on faculty at the Institute for Relational Psychoanalysis in Philadelphia, helped create and is the director of the Child Relational Psychotherapy Training Program. Her publications are in the area of intergenerational transmission of trauma, gender, childism and play. She was recently guest editor to the *Journal of Infant, Child and Adolescent Psychotherapy* for the special issue entitled: *Play for a Change: Therapeutic Action in Contemporary Child Psychotherapy* and invited faculty to IARPP's webinar entitled: Relational Child Therapy and the Intergenerational Transmission of Traumatic Experience. She is current president of Section II (The Section of Children and Adolescents of Division 39) of the American Psychological Association.

**David Schwartz, PhD** – Dr. Schwartz is a psychologist in private practice in Westchester and Manhattan. He received his PhD in psychology from the City University of New York and holds a certificate in psychoanalysis from the Westchester Center for the Study of

Psychoanalysis and Psychotherapy. Dr. Schwartz is on the editorial boards of *Psychoanalysis, Culture and Society* and the *Gay and Lesbian Journal of Mental Health*. He has written on the subjects of sexuality and gender for the past thirty years.

**Jane Bloomgarden, PhD** – Dr. Bloomgarden is co-director of the Child Adolescent Parent Psychotherapy Training Program at The Westchester Center and director of the WCSPP film series. She is in private practice in Scarsdale, NY, working with adults, children, adolescents, parents and supervisees. She teaches the class on working with parents at WCSPP.

## MODERATOR

**Kate Washton, LCSW** – Kate Washton is a graduate of the Psychoanalytic Training Program at WCSPP and maintains a private practice in Hastings on Hudson with children, adolescents, adults and supervisees. She is a past director of the Child Adolescent Parent Psychotherapy Training Program.

## REGISTRATION AND FEES

Fee is \$75, which includes 3 CE hours.

**REGISTRATION:** Please go to the WCSPP website [www.wcspp.org](http://www.wcspp.org).

**CANCELLATION POLICY:** Requests for a refund MUST be received by email or letter by November 7, 2020, for full refund, less a \$25 processing fee.

## CONTINUING EDUCATION

**NYS Mental Health Practitioners:** WCSPP is recognized by the NYS Education Department's State Board of Mental Health Practitioners as an approved provider of Continuing Education for Licensed Social Workers #SW-0063; Licensed Psychoanalysts #P-0027; Licensed Marriage and Family Therapists #MFT-0040; Licensed Mental Health Counselors #MHC-0075; and Licensed Creative Arts Therapists #CAT-0028.

**CT Social Workers and Other Mental Health Practitioners:** CE hours approved.

**Psychologists:** The Westchester Center for Psychological Education (WCPE) is a co-sponsor of this programs with WCSPP. The WCPE is approved by the American Psychological Association to sponsor continuing education for psychologists. The WCPE maintains responsibility for this program and its content. Approval pending.

If requesting CE hours, a completed evaluation must be submitted online through WCSPP's Survey Monkey after the conference and before midnight, Tuesday, Dec. 1, 2020.

This webinar is open to NY and CT Social Workers, Psychoanalysts, Marriage and Family Therapists, Mental Health Counselors, Creative Arts Therapists, Psychologists, Psychiatrists, Pediatricians and other health care professionals.

## LEARNING OBJECTIVES

Participants will be able to:

1. Define gender dysphoria
2. Describe the complexity of gender identity
3. Identify different patterns of presentation of gender dilemmas
4. List developmentally appropriate treatment strategies



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