

WCSPP HANDBOOK

FOUNDATIONS OF PSYCHODYNAMIC PSYCHOTHERAPY AND ADVANCED PSYCHOANALYTIC TRAINING PROGRAMS

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This handbook was developed to help the WCSPP community understand the structure, policy and procedures of the Foundations of Psychodynamic Psychotherapy Program and the Advanced Psychoanalytic Training Programs. It describes the committees that oversee the Training Program. The structure, as outlined below, reflects the Institute's collaborative spirit, by which all tasks are shared by faculty and committees.

Psychodynamic and Psychoanalytic training provides knowledge and understanding of theoretical and clinical psychoanalysis. Completion of training is based on the acquisition of sufficient knowledge and skill to conduct psychoanalytically oriented psychotherapy and psychoanalytic treatment independently, with competence and professionalism.

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***Consultation is term used for independently licensed clinicians when meeting with WCSPP supervising faculty. Supervision is term used for non-independent clinicians when meeting with WCSPP supervising faculty.**

I. FOUNDATIONS OF PSYCHODYNAMIC PSYCHOTHERAPY and ADVANCED PSYCHOANALYTIC TRAINING PROGRAMS

A. Statement of Purpose

The Foundations of Psychodynamic Psychotherapy and Advanced Psychoanalytic Training are two programs. Candidates can complete the Foundations of Psychodynamic Psychotherapy Program after two years, though it can take longer for some candidates. If they hold appropriate credentials, they can apply to continue in the Advanced Psychoanalytic Program. Candidates in the Foundations Program can apply to the Advanced Psychoanalytic Training Program as early as their second year of the Foundations Program. Candidates expressing an interest in continuing on to the Advanced Analytic Program need to obtain approval from the Training Committee. Upon acceptance into the Advanced Psychoanalytic Training Program, a candidate can choose to begin their clinical and supervision/consultation requirements of a twice a week patient as well as their personal psychoanalysis requirements for the Advanced Psychoanalytic Program prior to completing their two years in the Foundations Program.

For those entering the Advanced Program that have completed a psychoanalytic psychotherapy program at an accredited psychoanalytic institute other than WCSPP, additional requirements may be outlined at the time of admission. This will be individualized and will depend upon an evaluation (during the Admissions process) of the equivalence of the completed psychoanalytic psychotherapy program to WCSPP's Foundations Program.

The Foundations of Psychodynamic Psychotherapy is a two-year program designed to provide candidates with a solid theoretical and clinical foundation in psychoanalytic psychotherapy. A three-pronged approach is used, which includes coursework, consultation/supervision on clinical practice, and personal therapy. The manner in which one commences the clinical portion of the program depends on the license held and any attendant restrictions on practice. Weekly personal psychodynamic psychotherapy with a graduate of an accredited analytic program with at least five years of post-graduate experience is required during the course of the two years of training. *Candidates must begin their personal therapy at or before the time the candidate begins working with a training case.* The coursework offers a range of classical and contemporary approaches to psychoanalytic psychotherapy. Through clinical seminars, didactic courses, and consultation/supervision, candidates are encouraged to develop their own personal styles in their clinical work.

The Advanced Psychoanalytic Training Program is designed to provide candidates with a firm grounding in psychoanalytic theory and practice. It is modeled on a three-pronged approach that includes coursework, consultation/supervision on clinical practice, and personal psychoanalysis. The coursework includes theory of different schools of psychoanalytic theory and includes a course in the history of psychoanalysis. Candidates are encouraged to develop their own style as a psychoanalyst.

B. Structure, Policy and Procedure

1. Curriculum Committee of the Foundations and Advanced Psychoanalytic Program

An integrated curriculum of psychoanalytic study must provide a comprehensive understanding of the fundamentals of and interrelationship between psychoanalytic theory and clinical practice. It should teach critical thinking about the historical and conceptual structure and developments of psychoanalytic theory and practice.

A candidate's training experience should involve the simultaneous participation in the didactic course work, personal analysis and supervised clinical work. Such immersion enables the candidate to understand the empirical basis of theoretical formulations and their revisions over time, and to develop skill in the conceptualization of case material.

The Curriculum Committee is responsible for the substance and placement of courses, the proportion of theoretical and clinical material, and the balance of theoretical frameworks taught in the Foundations of Psychotherapy/Advanced Psychoanalytic Program at WCSPP. It provides guidelines for the subject matter taught in each course and for related policies such as co-teaching. The Committee reviews the candidates' evaluations of current courses, making suggestions to faculty where necessary. The Committee is available to candidates for any concerns and suggestions that they might have regarding the curriculum or teaching faculty. When courses become available for instruction, an announcement is sent out to the psychoanalytic community via the WCSPP listserv. The Committee reviews applications it receives and selects an instructor for each course that is open. After an instructor has taught for two years, the Curriculum Committee can make a recommendation, depending on the instructor's reviews from candidates, to the Faculty Selection Committee for approval to the permanent Faculty.

The Committee consists of the Directors of the Foundations of Psychotherapy and the Advanced Psychoanalytic Program as well as other faculty members, a liaison from the Psychoanalytic Association, and candidate representatives. The Chairperson is appointed by the Director(s) of the Institute for a three-year term. The members of this Committee are selected by the Chairperson for a three-year term and may be reappointed. The Committee meets approximately three times per year. Candidate representatives and the liaison from the Psychoanalytic Association are present for all discussions, except those that may compromise privacy (for example, faculty evaluations and selection of faculty for teaching assignments.)

In addition, the Curriculum Committee Director and the Directors of the Foundations of Psychotherapy/Advanced Psychoanalytic Program may decide to meet with teaching faculty.

2. Faculty Selection Committee of the Foundations of Psychotherapy/Advanced Psychoanalytic Program

The Faculty Selection Committee is responsible for permanent teaching and consultation/supervisory faculty appointments. The Committee consists of a Chairperson and five to seven faculty members. The Chairperson is appointed by the Director(s) of the Institute for a three-year term. Members of the Committee are appointed by the Chairperson for a three-year term and can be re-appointed. Recommendations of the Committee are presented to the faculty for a vote of approval.

3. Co-directors of Foundations of Psychotherapy/Advanced Psychoanalytic Training

The Co-directors of the Foundations and Advanced Programs are appointed by the WCSPP Director(s) for three years.

Their responsibilities include: setting up interviews for the program after admission applications are submitted, approving all admissions, attending Curriculum Committee Meetings, reviewing all educational issues of candidates (including faculty reports, supervisory reports, administrative tasks, reviewing administrative reports for compliance of candidates regarding patients' treatment sessions and timely payment of fees), liaising with Mentors in setting up courses for Advanced Psychoanalytic candidates, communicating training issues directly to candidates, and approving candidates for graduation.

4. Mentoring

The Mentorship program is a vital part of the training programs. The Mentor will be assigned by the Directors of Training prior to the first class of the Foundations Program. The Mentor will follow the candidate through their training. Each Mentor will guide the candidate through their professional development.

The Mentor welcomes the candidate at the beginning of training and can advise the candidate of policies and procedures. Regular meetings are held between the Mentor and candidate throughout the candidate's training. Topics for discussion include courses, requirements, Psychotherapy Service interface and any other matter of importance to the candidate. The relationship with the mentor is of critical importance in the development of the candidate. Candidates are strongly encouraged to discuss their ongoing experience of training with the Mentor, including any concerns that may develop.

For the first year of the Foundations Program, the Mentor will also be the Consultant/Supervisor for the candidate. WCSPP faculty have found that a close relationship develops in the first year of supervision, so the supervisor will also act as Mentor in order to optimize the candidate's learning. The mentor/supervisor will complete two formal evaluations of the candidate after 20 sessions and 40 sessions in the first year. They will provide a Mentor report to the Program Training Committee prior to each Training Committee meeting.

In the Advanced Psychoanalytic Program, the Mentor will facilitate the candidate's unique professional development by guiding the candidate through the program and assisting the candidate with any individualized issues or concerns he or she may have. The goal of the Directors, Mentors, and Consultant/Supervisors is to strive to help candidates fulfill training requirements in a manner that meets their personal and professional needs.

The Training needs of the candidates will be reviewed by the Directors and Training Committee with input from the Mentor, who will represent the candidate. The review will include consultant/supervisory evaluations, teaching faculty evaluations and input from the administrative personnel. The Training Committee consists of the directors of the Foundations and Advanced Programs, the director of the Curriculum Committee, and the mentors for the current candidates.

The Directors meet with candidates and/or supervisors and instructors on an as needed basis. The Directors have the responsibility for all matters and decisions regarding the candidates' training and readiness for graduation. Mentors are advocates for the candidates and their training. Evaluations completed by instructors and supervisors are sent to the Directors of the Foundations of Psychotherapy/Advanced Psychoanalytic Training Program for review.

5. Process of Appeals, Probation and Dismissal

Appeals: If there is a difference of opinion between a candidate and the Training Committee reviews, a candidate may appeal a decision of the Directors by requesting a formal review. An Appeals Committee will then be convened, consisting of at least one of the Executive Director(s) of the Institute, the Directors of the Foundations of Psychotherapy/Advanced Psychoanalytic Training Program and one member of the faculty who will be appointed by the Executive Director(s) of the Institute. The candidate's mentor will also be present to provide additional information. The Appeals Committee will then make a recommendation, which is binding to the candidate.

Probation: A candidate can be recommended for Probation when the candidate is not meeting the requirements for training, including classwork, supervision, personal analysis and administrative requirements related to training, including patient paperwork and timely fee collections. All candidates are expected to participate in their learning and not obstruct others in the learning process as identified by teaching faculty.

Dismissal: A candidate can be recommended for Dismissal if they continue to disregard requirements after being placed on Probation.

C. Training and Evaluation

1. Academic Work

Foundations Program:

Admission to the Foundations program is for all licensed professionals: LCSW, PhD, PsyD, NPP, MD as well as all licensed mental health professionals listed in our New York State waiver. [Non-licensed mental health professionals with a limited permit do not meet the guidelines from NYS for entering training.]

There are six courses in the Foundations part of the program. Each trimester includes 11 sessions held from 7:00pm - 8:20pm on Tuesdays followed by a Town Meeting at the end of Fall and Spring trimesters. There is one Saturday morning seminar early in the first trimester covering frame issues and the mechanics of starting to see patients. Once a month during each trimester there will be a required Group Supervision following class from 8:30pm - 9:45pm. There will be a total of three meetings each trimester of the Group Supervision class. The dates will be announced by the faculty member facilitating the group. Candidates are expected to attend all classes including the Town Meetings and Group Supervision meetings. At the conclusion of each trimester, the instructor submits a written report to the Directors on the attendance and class participation of each candidate. Should there be more than 2 absences per trimester, additional work will be assigned by the instructor.

Graduation from the Foundations of Psychotherapy program requires completion of six courses, a patient seen weekly and two blocks of 40-session supervision with two separate supervising faculty members, and personal psychotherapy. A candidate may be required to meet more than the minimum criteria if issues should arise. Paperwork is required to be completed. Candidates have until December 31st of the calendar year to complete supervision to graduate in October of that year.

The Program gives 10 credits per course excluding the supervision seminar. At the end of two years a candidate will have 60 credits towards the Advanced Psychoanalytic program if they decide to continue and are eligible by licensure. A candidate for the Advanced Program must have license approved by NYS for Analytic Training.

Advanced Psychoanalytic Program:

Admission to the Advanced Psychoanalytic program is for all licensed professionals: LCSW, PhD, PsyD, NPP and MD, as well as LMSW who will be eligible to take LCSW exam by the second year of the Advanced Program. Licenses under the waiver are not eligible for Advanced Psychoanalytic program due to scope of practice according to NYS.

Two courses are offered to candidates in the Advanced Psychoanalytic Program each trimester. The academic requirement is the completion of at least 1 course or equivalent course per trimester. For at least one trimester per year, there will be a Clinical Seminar taken by Advanced Candidates. The goal of the Seminar is to provide an opportunity to address central clinical issues in psychoanalytic treatment. Classes are currently held on Tuesday evenings from 6:00pm – 7:20pm and from 7:30pm – 8:50pm (unless teaching faculty and candidates agree on an alternative time.) The Curriculum Committee organizes and develops curriculum with input from the Program Directors and candidates.

At the conclusion of each trimester, the instructor submits a written report to the Directors on the attendance and class participation of each candidate in that particular course. The Faculty comments are shared with candidates by their mentor.

Each trimester includes 11 classroom sessions (as well as a required Town Meeting at the end of the Fall and Spring Trimesters). Candidates are expected to attend all sessions. Should there be more than two absences per trimester, additional work will be assigned by the instructor. The mentor will then discuss the details of the instructor's evaluation with the candidate.

The total number of credits needed to graduate the Advanced Psychoanalytic Program is 240 credits. Each 11 session course plus Town Meeting is 10 credits. If a candidate is involved in an individual tutorial for 5 weeks, the candidate will receive 5 credits as well as possibly receiving CE credits as described in Continuing Education Credit section. All tutorial and specially arranged individual seminars approved by the Directors and Curriculum Chair will be 1 credit as per 1.5 hours.

The Curriculum Committee will outline the complete Analytic Curriculum with the ability to have flexibility and individualized courses when indicated. The Committee will choose from approved courses.

2. Consultation/Supervision**a. Training Requirement****Foundations of Psychodynamic Psychotherapy:**

Each candidate needs to undertake 2 consultation/supervisions of 40 sessions with 2 different supervisors. For the consultation/supervision to count toward graduation, one needs to be seeing a patient from the Psychotherapy Service (see section 4 of this

Handbook as well as the Psychotherapy Service Manual). Training patients must be seen for a minimum of once a week for at least 32 of the 40 supervisory units; if this does not occur, additional consultation/supervision will be required (e.g., if a patient is seen once a week for 30 out of 40 weeks, 2 additional consultation/supervisory sessions will be required.) A candidate may be required to meet more than the minimum criteria if issues should arise. Candidates must practice according to the parameters of their respective licenses.

Advanced Psychoanalytic:

200 hours or 5 units of consultation/supervision are required for graduation. This requirement can begin in the Foundations part of program. A candidate may be required to meet more than the minimum criteria if issues should arise.

200 hours (5 units) are to be distributed amongst at least four faculty consultants/supervisors. In order to receive credit, candidates must treat at least two patients from the Psychotherapy Service. When the faculty consultation/supervision of the second patient is completed, the patient may be taken into the candidate's private practice. Work with the second patient may be completed during any year of training.

The following requirement is only required if there is an active Supervisory Training Program at WCSPP:

40 hours (one unit) need to be completed with a current supervisor-in-training or graduate of the Supervisory Training Program. The supervision must be on a patient from the Psychotherapy Service in order to obtain credit for this block of supervision. There is no cost for this consultation/supervision. This requirement may be completed during any year following the first year of training in the Advanced Program.

The Director of the Supervisory Training Program maintains the list of supervisors in the Program. The list will be made available at the beginning of each academic year. Supervisors meet with candidates for a minimum of 40 hours. The adult patient must be seen a minimum of twice a week. Candidates are required to take a current supervisor-in-training or graduate of the Supervisory Training Program one of their five blocks of supervision if the WCSPP Supervisory Training Program is currently active. Candidates are required to complete a 20 and 40 session Psychotherapy Progress Report only if patient is assigned from the Psychotherapy Treatment Service. The Supervisor in Training is expected to submit a Consultation Evaluation on the candidate to the Directors of Psychoanalytic Program for 20 and 40 sessions.

b. Faculty Consultant/Supervision Policy and Procedures

After the first year of the Foundations Program candidates can select consultant/supervisors from WCSPP's designated list of supervisors, which is made available at the beginning of training. LMSW candidates will receive a separate list of

faculty who are committed to supervising the LMSW. Candidates who are not independently licensed, such as LMSWs, should discuss procedures related to supervision with their supervisor and/or Program Director.

Candidates must complete at least 40 hours with the same faculty supervisor in order to receive credit for the supervision. Only one training patient may be presented to each supervisor. First year Advanced candidates may not continue with the same consultant/supervisor during their second year of the Advanced Program unless they take on a second consultant/supervisor and a second training patient. In subsequent years, a candidate may work with the same consultant/supervisor for a second year. Consultants/supervisors take no more than two supervisees from all programs combined.

Consultants/Supervisors focus on clinical issues, dynamics and theoretical understanding, processing issues that may emerge in the supervisory dyad, administrative responsibilities (such as fee setting, fee collection, psychotherapy reports, termination reports, accountability for hours), and Psychotherapy Service issues and policies.

Training patients, in the Advanced Program, are followed in consultation/supervision and seen a minimum of twice a week throughout the four years of training, although it is strongly recommended that they be seen at least three times a week. In order to meet minimum training requirements and get credit for the supervision, candidates must see their patients at least twice a week for at least 32 of the 40 sessions of the supervisory unit.

c. Foundation/Advanced: Administrative Requirements for Supervisor and Candidates

Required forms can be found on our website, wcspp.org, in the Foundation/Advanced Forms and Documents section. **All forms are required to be signed by the supervisor and candidate, and the candidate should retain copies.**

Evaluations written after 20 supervisory hours and again at the conclusion of 40 supervisory hours of consultation/supervision are discussed and required to be signed by both supervisor and candidate. They are sent to the WCSPP Administrator, and they are on file with the Directors of the Program. The candidate may add comments of his or her own to the evaluations, question the report, and discuss it further with the Directors of the program. The candidate should be apprised of his/her progress throughout the year. The Directors routinely review the progress of the candidates and have the discretion to require more than the minimum requirement of consultation/supervision for any given candidate. Candidates can choose to leave a supervisor before the block of supervision is completed. The hours with this supervision will then not count toward the program's requirements. If there is a second occurrence of this, it will be reviewed by the Training Committee.

Candidates are required to submit Treatment Progress Reports after 20 hours and again at the conclusion of the 40 hours of supervision. These are to coincide with the consultation/supervisory evaluations and are to be discussed with the consultant/supervisor no later than the 19th and 39th supervisory session respectively. The reports are reviewed by the Directors of the Foundations/Advanced Psychoanalytic Training Program and become part of the candidate's academic record. They do not become part of the patient's file.

The paperwork includes a **Screening Report, Treatment Progress Reports--20 & 40 sessions, Termination Summary**, and up to date **Monthly Billing Forms**. It is expected that patient fees are paid in full when treatment ends. If any outstanding balance remains, the form includes instructions to notify the Program Directors.

The non-payment of fees and absence of paperwork have both clinical and administrative implications. If there is a problem collecting fees, supervisors must be consulted.

A candidate must be in consultation/supervision at all times while in Training.

d. Candidates must follow Crisis Case Management of Training Cases:

Any time a patient may be at risk, the therapist should immediately report this to the Supervisor, who will review with the candidate the steps to be taken.

The steps include:

An assessment of risk and determination if the patient needs immediate admission to a hospital.

If not, the **plan** will combine the following:

- Regular contact with the patient during a crisis
- Additional sessions and/or phone contact, as it is necessary
- Working with the patient to develop a support network
- A plan of activities during the critical period

The patient should be instructed to call 911 if they cannot reach the therapist and do not feel safe.

Family of the patient may need to be involved to provide supervision of the patient.

The therapist will report regularly thereafter to the Supervisor regarding updates on the patient's condition.

Should the Supervisor be unavailable, the candidate is to call the Mentor. If the Mentor is unavailable, the candidate is to call the Program Director. Should all the above be unavailable, the candidate should call a member of the Psychoanalytic Faculty.

SEE PSYCHOTHERAPY SERVICE MANUAL FOR FURTHER DETAILS.

3. Personal Treatment

Foundations:

Individual psychotherapy once a week is required during training. The therapist must be a graduate of an analytic institute with five years of post-graduate experience. The program is committed to assisting candidates in finding a therapist. Personal treatment should begin by the time of assignment of a treatment case, which in turn should begin by the end of the second trimester. A candidate may be required to meet more than the minimum criteria if issues should arise.

Advanced Psychoanalytic:

Personal analysis, the foundation of a psychoanalytic education, must be concurrent with training and begin by January of the first year in the program. The minimum requirement is 400 hours, with 200 hours at a minimum of three times a week and 200 hours at a minimum of two times a week. Many faculty members are committed to providing reduced fee analysis to candidates in financial need. *Prior to meeting with one of these faculty members to see if the candidate feels this analyst would be a good match, the candidate should ask what the fee is for the first consultation so there are no surprises.* A candidate may be required to meet more than the minimum criteria if issues should arise.

The coursework in the Advanced Psychoanalytic Program can be completed in 3 years, but may take longer for those who want to go through the program at a slower pace. For those that want to both complete the coursework and graduate in three years, they can meet the requirement for personal analysis by seeing their analyst for 300 hours at a minimum of three times a week and 100 hours at a minimum of two times a week.

Analysis prior to the Advanced Program may be accepted if the individual was supervised on a patient attending treatment at a frequency of at least two times a week.

4. Psychotherapy Service for Assignment of Training Case

Purpose: The Psychotherapy Service of WCSPP offers psychoanalytic treatment to the public on a sliding scale basis. The psychotherapy is provided by candidates who are fulfilling their educational requirements.

Candidate Responsibilities: **Prior to receiving a treatment case, each candidate must have a private office space in which to see Psychotherapy Service patients virtually or in person, as well as a designated telephone number with a professional message.**

LMSW candidates must use space under the auspices of WCSPP. Candidate must have his/her state license and malpractice insurance on file with the WCSPP Administrator. **Updated copies of malpractice insurance must be forwarded each year to the WCSPP Administrator.**

All required forms outlined in the Psychotherapy Service Manual must be completed in a timely manner. Candidates are required to write a progress note for every session they conduct with a Psychotherapy Service patient.

Psychotherapy Service policies regarding cancellations, fees, vacation, and illness reflect current clinical practice. As reflective of current practice, we recommend the patient is charged for missed visits. This is to be discussed with the consultant/supervisor when addressing with the patient as each candidate develops their policy with the patient. Canceled visits do not count towards weekly visit count for credit in consultation/supervision block.

Candidates are expected to maintain ethical standards of their profession and consult with their consultant/supervisor over these issues. Vacation coverage or coverage because of illness or personal reasons should be arranged by the candidate with another Psychotherapy Service therapist.

Practice Development: The Psychotherapy Service is committed to helping candidates and new graduates build their private practices. Consequently, candidates and graduates who are interested in receiving reduced fee referrals for their private practices should contact the Directors of the Psychotherapy Service. Referrals to private practices can only be made after candidates have training patients.

5. Code of Conduct

WCSPS has a Code of Conduct that must be signed by candidates and returned to the WCSPS Administrator.

6. Leaves of Absence

Candidates may request a leave of absence by submitting a letter to the Directors of the Foundations/Advanced Programs. The Directors will communicate the Committee's decision to the candidate. Leaves are granted for a period of up to one year without requiring the candidate to reapply to the Program.

7. Graduation

There is no time limit for a candidate to complete their graduation requirements. Candidates who are still completing the clinical or other requirements of their program after coursework is complete will be charged a matriculation fee per trimester until completion of the program requirements.

8. Continuing Education Hours

WCSPP candidates who are NYS Licensed Clinical Social Workers, Licensed Psychologists, Licensed Masters of Social Work, Licensed Psychoanalysts, Licensed Marriage and Family Therapists, Licensed Mental Health Counselors, and Licensed Creative Arts Therapists can receive Continuing Education (CE) credits by fulfilling the following requirements:

Module 1: Classes 1 – 5 for 6 CE hours

1. Attend all classes – **100% attendance of classes 1 – 5**
2. After class 5, complete and return the provided evaluation form

Advanced Analytic Program:

The Advanced Program will also offer CE for module 1 each trimester for one course. Since there are two courses per trimester, there will be a two-year cycle rotation. Candidates will be told in advance which course will qualify for CE. Candidates will have the same requirements of 100% attendance in Module 1 (classes 1-5) and completing an evaluation form to earn CE.

9. Grievance Procedure

If a candidate has a grievance (with either an organizational issue or a problem that cannot be worked out with another individual at WCSPP), they should first speak with their mentor. If this does not resolve the problem, the candidate should speak with the Directors of the Program. If the issue cannot be resolved with the Directors of the Program, it should be taken to the Executive Director(s) of WCSPP.

II. PSYCHOANALYTIC ASSOCIATION

The Psychoanalytic Association was formed for the purpose of fostering the development and interests of the WCSPP. It is comprised of faculty, graduates, and candidates from WCSPP programs who pay annual membership dues to the Association. Application for membership to the Psychoanalytic Association is also accepted from graduates of other accredited psychoanalytic training programs. The Psychoanalytic Association sponsors a range of professional and social activities. It hosts scientific meetings which are open to the public and provides speakers and workshops for educational and corporate institutions. For members, the Association offers mini-courses, allows access to the WCSPP listserv, holds an annual retreat, and subscribes to the PEP-Web, which provides online access to numerous major psychoanalytic journals.

First year candidates are offered the year free. Following the first year of training, the candidate is responsible for the fee. It is highly recommended that candidates join as many instructors use PEP-Web articles for teaching. The Psychoanalytic Association is an important forum in which to make an impact on the WCSPP community and to network with other professionals.