

Emotional Inheritance: Love, Loss and the Legacy of Trauma

Saturday, November 22, 2025 ♦ 8:30 am – 3:00 pm

Reid Castle, Manhattanville University, Purchase, New York (and on Zoom)

4 CE Credits for most NY and CT licenses (pending)

MODERATED BY:

Marc Rehm, PhD

♦ **KEYNOTE SPEAKER** ♦

Galit Atlas, PhD

ADDITIONAL PAPERS BY:

**Adrienne Katzow, PhD,
and Jonathan Rust, PhD**

OVERVIEW

This conference builds on topics central to Dr. Galit Atlas' book, *Emotional Inheritance*, and the myriad ways in which trauma is transmitted from one generation to the next and held in our minds and bodies as our own. Through the stories of her patients, her own life, and decades of research, Dr. Atlas will help us identify the links between life struggles and the emotional inheritance we all carry.

How do we hold and process things that we do not remember or did not experience ourselves? What is the psychic weight of that which is present but not fully known? Emotional Inheritance is about family secrets that keep us from living to our full potential, creating gaps between what we want for ourselves and what we are able to have. As psychotherapists, we join our patients in uncovering their legacies and become partners in this discovery.

In addition to a keynote address, Dr. Atlas will apply her theoretical lens to rich clinical material provided in presentations by Adrienne Katzow, PhD, and Jonathan Rust, PhD. Their clinical papers will illuminate the process by which emotional inheritance makes itself known in the consulting room—as secrets and ghosts. The psychoanalytic case material explores the transmission of cultural expectations and communications, developmental traumas, and disrupted attachments. Reflections between presenters and with attendees will provide an opportunity to examine how the unseen transmissions of the past find expression in our work and open possibilities for new forms of psychic freedom.

SCHEDULE

8:30 am–9:15 am	Registration & Coffee
9:15 am–9:30 am	Welcome & Introduction – Marc Rehm, PhD
9:30 am–10:30 am	Keynote Address – Galit Atlas, PhD
10:30 am–11:00 am	Q & A
11:00 am–11:15 am	Break
11:15 am–12:15 pm	Hopes and Dreams of a First-Born Son: Social Class, Survival, Disavowal, Loyalty, Rage, and Legacy – Jonathan Rust, PhD, followed by discussion with Galit Atlas, PhD
12:15 pm–1:15 pm	Lunch & Networking Hour
1:15 pm–2:15 pm	Maternal Loss, Embodied Ghosts and Mourning – Adrienne Katzow, PhD, followed by discussion with Galit Atlas, PhD
2:15 pm–2:30 pm	Break
2:30 pm–3:00 pm	Reflections & Integration – Galit Atlas, PhD, & Marc Rehm, PhD

Emotional Inheritance: Love, Loss and the Legacy of Trauma

ABOUT THE SPEAKERS



Dr. Atlas

Galit Atlas, PhD, is on the faculty of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, as well as the Columbia University Center for Psychoanalytic Training and Research. She has published three books for clinicians and numerous psychoanalytic articles. Her latest book, *Emotional Inheritance*, is an international bestseller that has been translated into 27 languages. Atlas serves on the editorial boards of *Psychoanalytic*

Dialogues and *Psychoanalytic Perspectives*. She is a recipient of the André François Award, the NADTA Research Award, the Gradiva Award, and the Nautilus Book Award.

Adrienne Katzow, PhD, PMH-C, is a licensed clinical psychologist with expertise in perinatal mental health. She is certified in EMDR and integrates somatic work into relational psychoanalytic treatment. She has prior training at the NYU Post-Doctoral Program in Psychotherapy and Psychoanalysis and the Women's Therapy Centre Institute. She is currently a candidate at the Westchester Center for the Study

of Psychoanalysis and Psychotherapy. She maintains a private practice in Irvington, NY.

Jonathan Rust, PhD, is an Associate Professor of Psychology at the State University of New York (SUNY) at New Paltz. Dr. Rust is a New York State licensed psychologist who maintains a private practice in Poughkeepsie, NY. He is currently a senior candidate in the Advanced Psychoanalytic Training Program at the Westchester Center for the Study of Psychoanalysis and Psychotherapy. Additionally, Dr. Rust is a member and a certified consultant of the A.K. Rice Institute for the Study of Social Systems.

Moderator – **Marc Rehm, PhD**, is an Adjunct Professor and Supervisor at Adelphi University's Postgraduate Program in Psychoanalysis and Faculty and Supervisor at The Westchester Center for the Study of Psychoanalysis and Psychotherapy. He supervises doctoral candidates in clinical psychology at the NYU Postdoctoral Program Externship, at Adelphi University's Derner School of Psychology, and at Yeshiva University's Ferkauf Graduate School of Psychology. Dr. Rehm is on the staff of Northern Westchester Hospital and maintains a private practice in New York City and Westchester County, New York.

LEARNING OBJECTIVES

- ◆ Participants will be able to define inherited trauma.
- ◆ Participants will be able to explain the ways emotional inheritance shapes our behavior.
- ◆ Participants will be able to describe the relation between reparation and repetition.
- ◆ Participants will be able to define the term Erotic Reparation.

CONFERENCE COMMITTEE

Luz Cotto-Charneski, LCSW	Israel Romano, PhD
Adrienne Katzow, PhD	Jonathan Rust, PhD
Georgette Law, LCSW	Helen Stevens, PsyD
Claudia Rivas, LCSW	

FEES

In-Person, by November 1: \$175 (includes lunch)
In-Person, after November 1: \$185 (includes lunch)
Zoom, by November 1: \$140
Zoom, after November 1: \$150

CONTINUING EDUCATION

The Westchester Center for the Study of Psychoanalysis and Psychotherapy is recognized by NY State Education Department's Standard of Mental Health Practitioners as an approved provider of continuing education for: Licensed Psychologists #PSY-0050; Licensed Clinical Social Workers #SW-0063; Licensed Psychoanalysts #P-0027; Licensed Marriage and Family Therapists #MFT-0040; Licensed Mental Health Counselors #MHC-0075; and Licensed Creative Arts Therapists #CAT-0028. This program is pending approval for Continuing Education Credit Hours by the National Association of Social Workers, CT.

A completed survey must be submitted after the meeting for 4 CE hours.

Who should attend: Psychiatrists, psychologists, social workers, psychoanalysts, other mental health professionals, nurses, graduate students.

The Westchester Center for the Study of Psychoanalysis and Psychotherapy is a non-profit psychoanalytic training institute chartered in 1974 by the Regents of the University of the State of New York.

This email represents our on-going efforts to share a pluralistic view of psychoanalysis with the broader community. Learn more at wcspp.org or email us at info@wcspp.org.

◆ Registration Required – click here to register ◆ wcspp.org ◆ (914) 997-7500 ◆